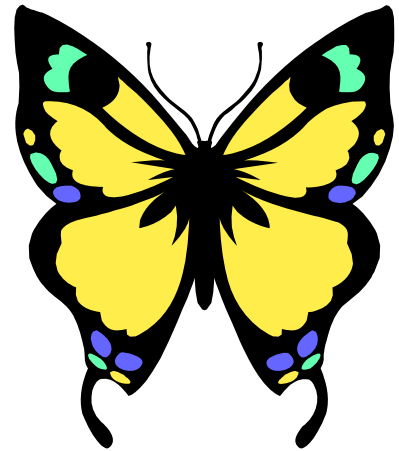


BEGINNING EXPERIENCE WEEKEND

*Recently Separated, Divorced
or Widowed?*



BEGINNING EXPERIENCE OF SACRAMENTO

Men and Women of all faiths, who are now alone due to the death, divorce or separation from a loved one, are invited to attend the Beginning Experience Weekend.

The Beginning Experience Weekend is an opportunity to spend a weekend away from the everyday pressures of life, and to spend that time in both personal and private reflection, and in sharing your needs and feelings with people who have been where you are.

The focus of the B.E. Weekend is to offer you the support and encouragement you need to make a new beginning of your life, putting the painful past behind you and looking with renewed hope toward a fulfilling future.

When: Friday, Sept. 25 (6:00 P.M.) through
Sunday, Sept. 27, 2009 (4:00 P.M.)

Place: Our Lady of the Oaks Retreat
near Applegate, California

For more information and to obtain an application - Call: (916) 835-2282
or visit our web site at: www.sacramentobe.org to download an application.

Beginning Experience Support Group has been offering special programs for more than 30 years. Its purpose is to offer a community for friendship, guidance, strength and companionship for men and women of all faiths who are now alone due to the death, divorce or separation from a loved one.