

“Rebuilding”



THE BEGINNING EXPERIENCE OF SACRAMENTO

“*Rebuilding*” is designed to help you work through the ending of a love-relationship by gaining a better understanding of yourself and the recovery process. You will learn to build better relationships with those around you by turning stumbling blocks into building blocks.

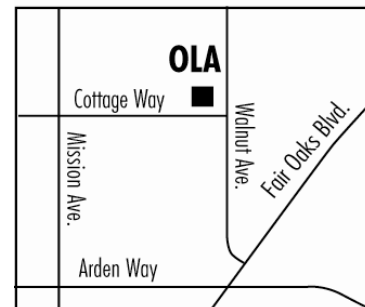
When: Starting Friday, October 16, 2009

Time: 7:00 - 9:00 p.m. (Registration on first night - 6:45)

Place: Our Lady Of Assumption Church
5055 Cottage Way
Carmichael, CA 95608

Fee: A registration fee of \$10.00
and
a weekly meeting fee of \$5 per week
will be charged or you can pay \$40 for
all ten sessions.
There is a Rebuilding Book available for
\$15.00.

Map to Our Lady of Assumption Church



For more information call (916)835-2282 or visit our
web site at: www.sacramentobe.org

“*Rebuilding*” is open to all those who have completed The Beginning Experience, “Coping With Life Alone” and/or The Beginning Experience weekend.

The purpose of *The Beginning Experience of Sacramento* support group is to offer a community for friendship, strength, guidance, and companionship for men and women of all faiths who are now alone due to divorce, separation or the death of a loved one.